NHS
South London and Maudsley
NHS Foundation Trust

CAMHS Mentoring Project: an overview

Funded by Maudsley Charity
Backing Better Mental Health.

Proudly supporting youth social action
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The 9-month journey

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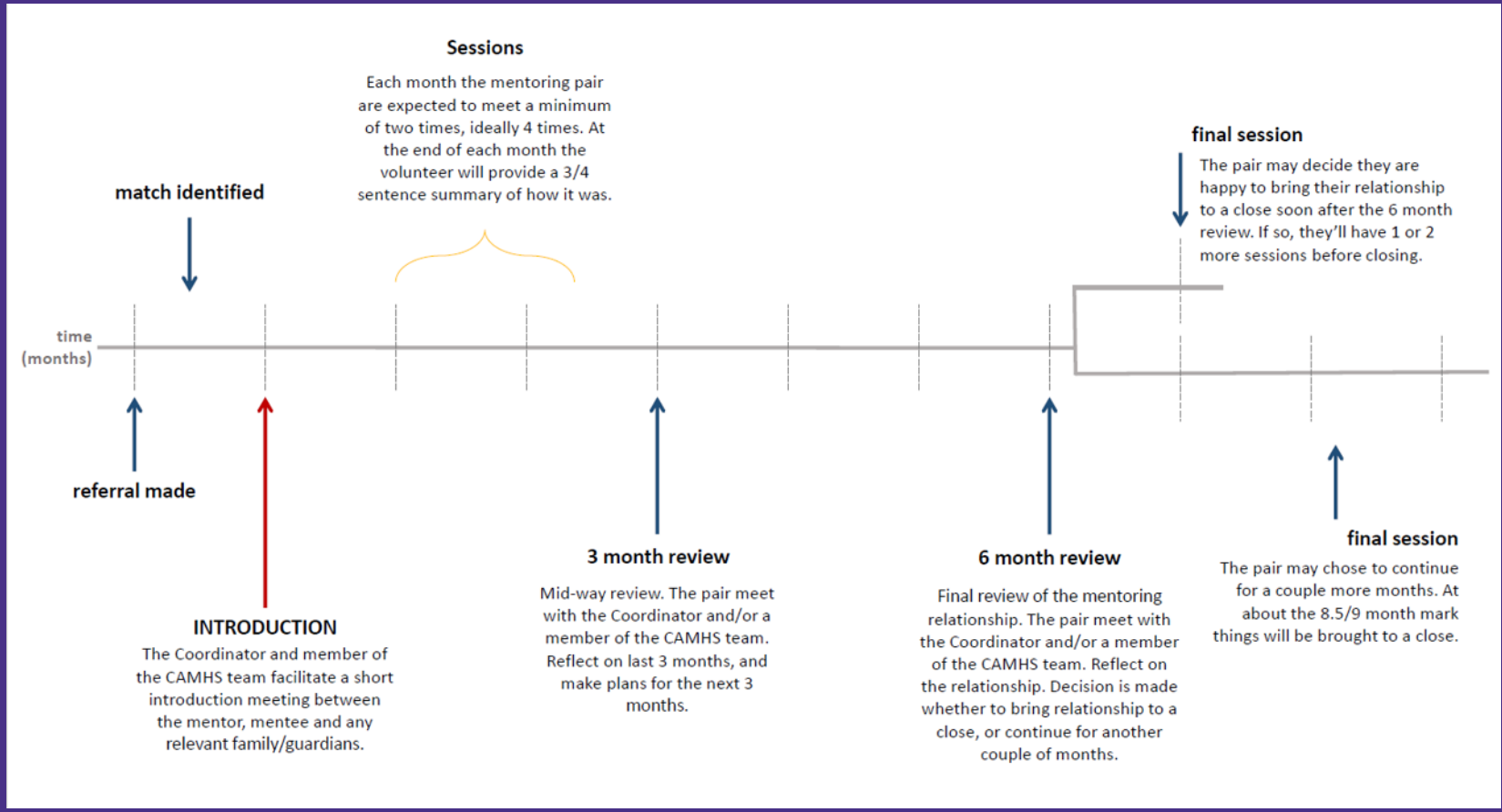

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Types of Intervention

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- Enriching community activities
- Mediation and family work
- Self-Reflective Exercises
- Homework Mentors or midweek challenges
- Multi-agency work: education, community professionals
- Advocacy

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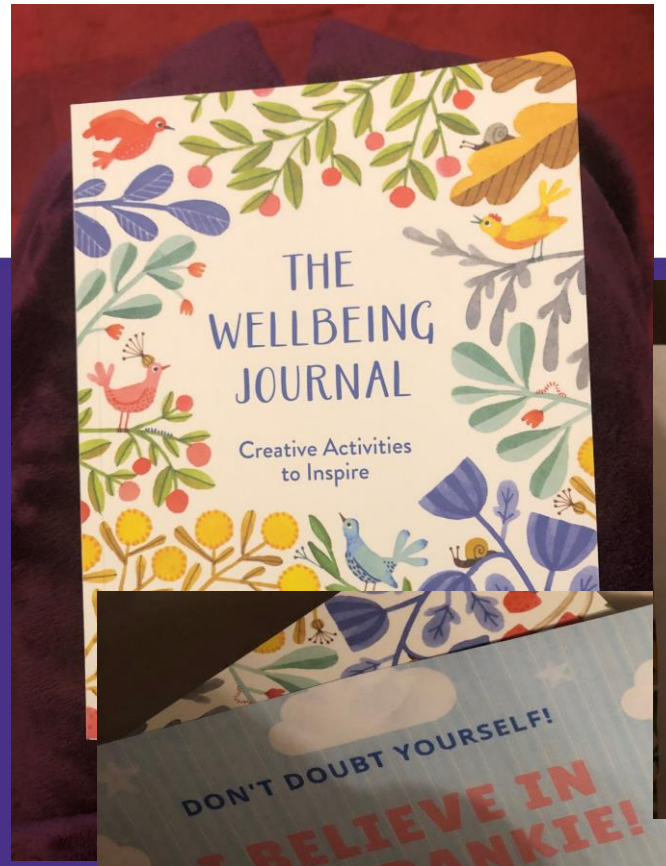
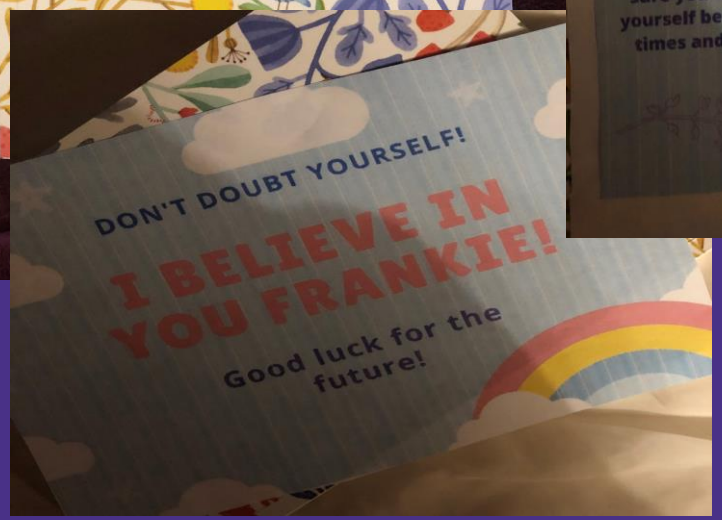
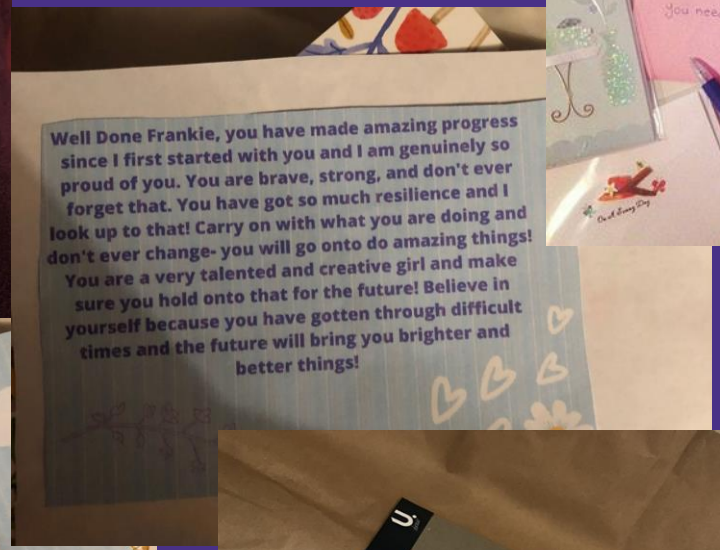
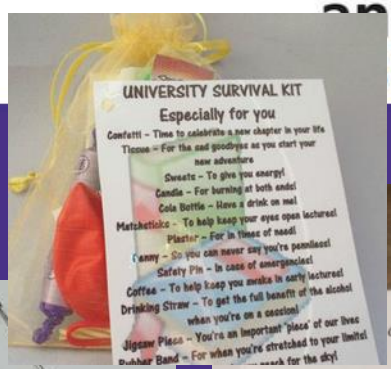
Training

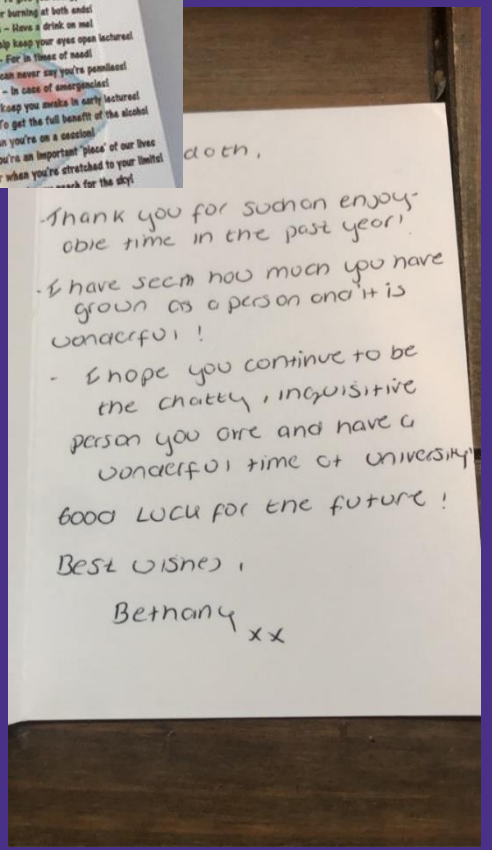
Overview of SLaM and the NHS
The role of a mentor
Journey
Planning and designing sessions
Monitoring and Evaluation
Communication & THE ART OF Listening
Boundaries
Multi-agency working
Supervisions
Confidentiality
Safeguarding
Child-protection
Lone working
Self-care
PREVENT POLICY
Quiz
Scenarios
CASE-STUDIES
ROLE-PLAYS
The Getting started
Endings











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Supervision

PERSONALLY TOUCH BASE

WHERE ARE YOU NOW?

CONSISTENCY COMMUNICATION

GOALS

CHALLENGES

STRENGTHS

OPPORTUNITIES

SUPPORT & TRAINING

Lets hear from Joanna…

mentoring

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Any questions?

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Thank-you

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