NHS
Sheffield Teaching Hospitals
NHS Foundation Trust

# Youth volunteering at STH

Helpforce webinar 29 April 2025

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on behalf of Jane Elliott, Project Officer

PROUD TO MAKE A DIFFERENCE
SHEFFIELD TEACHING HOSPITALS NHS FOUNDATION TRUST

# Team Impact

- Team Impact is our initiative for young people aged 16-17 to have the opportunity to experience volunteering in the hospital environment
- Partnered with an experienced volunteer
- Running since 2022
- Cohort 3 started in Dec ‘24
- 49 taken part since inception
- Working closely with local schools

# Team Impact

- 100% of the current cohort feel that their confidence has improved and they feel a valued member of the team
- They report improvements in;
  - Social and conversation skills
  - Teamwork
  - Resilience
  - Patience and empathy
- 83% feel that volunteering has, or may have helped with decisions around their future career
- *"My career goal hasn't changed, however it has definitely inspired me more to wanting to become a nurse as when I can make others happy in a small thing such as taking them to their appointment and creating conversation, it makes me feel good in making their day better and easier for them."*
- Team Impact won the PROUD Volunteer of the Year Award at the Trust Thank You Awards in November 2024

Emma & Haris with Welcomers Keith & Alison

# NHS Cadets

- Initially we were involved in providing presentations and staff visits to the local branch
- In 2024 we took on first cohort of 19 NHS Cadet volunteers
- Placed in new volunteer locations including Neuro-outpatients, Ophthalmology, Phlebotomy and various wards
- Same uniform but with NHS Cadet lanyard
- 708 hours of volunteering since commencing in Nov ‘24

Staff member Lesley with NHS Cadet volunteer Reagan

# NHS Cadets

- 100% of the current cohort feel that their confidence has improved and they feel a valued member of the team
- They report improvements in;
  - Teamwork and responsibility
  - Communication, conversation and listening
  - Patience
  - Customer service
  - Organisation and punctuality
- 100% feel that volunteering has, or may have helped with decisions around their future career
- *"I have found my volunteering very insightful so far. I have witnessed many beneficial experiences which I know will be of use to me in my future career. An example of a positive experience having the responsibility of serving patients on the ward. I enjoy this as patients are very friendly, and I enjoy offering a helping hand."*
- *"My communication skills have definitely improved, because of how many different patients I usually come into contact with. My listening skills also, because I am on a ward where listening requires patience in the patient for them to express carefully how they feel."*

# Youth volunteers

- Previously worked towards National Volunteer Certificate
- Now receive our own certificates at 30 and 60 hours
- Plus pin badges on reaching 60 hours
- And invites to all our volunteer celebration events
- Parental consent always sought
- Often stay on beyond initial period

**PROUD** *TO MAKE A DIFFERENCE*

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# Questions?